



VETERANS OUTREACH CENTER

Providing services, guidance and activities that enhance Veteran lives.



**Guadalupe County
Veteran Services Staff**

Upcoming Events

Don't Miss out on These Upcoming Events

(Flyers attached, keep scrolling!)

10/05 Cold Gear Give-Away – VOC

10/06 Cold Gear Give-Away - VOC

10/07 Project Heroes First Mobility Session – VOC

10/09 Veteran Appreciation Dinner by Am. Legion – VOC

10/16 Wilson Co. VA Claims & Benefits Fair – see attached

10/17 Coffee & Comaraderie – VOC

10/19 Kiki Camarena Run-Ride to be Drug Free – VOC

11/09 Veteran Resource Fair, New Braunfels – see attached

11/11 Veterans Day Parade and Ceremony – see attached

11/21 Potluck Thanksgiving - VOC

NEW!

Ecumenical Center

New Mental Health professional;
Dr. Merton, Clinical Psychiatrist
has joined the VOC Team
Call 830-496-1143 for appointment

Bible Study / Prayer Gathering

Wednesdays, 11:00 am – 1:00 pm
Veterans Lounge

Veterans Appreciation Dinner

October 9th, 6:00 pm – 9:00 pm
See attached flyer for details

RECURRING EVENTS

Bible Study/Prayer Group



Every Wednesday, 11am-1pm
Bring your lunch, meet new friends,
study and pray.

Coffee & Camaraderie



Every third Thursday of the month,
Meet new friends, enjoy coffee and doughnuts.

New Services Available at the VOC

Project Heroes First



Justin Torres (above) is Founder / CEO of Project Heroes First, and is the newest member of the **Veterans Outreach Center Team**, with numerous planned activities to promote mental recovery through nutrition and physical fitness.



Veteran Community Workout Central Texas

Oct 5- 1:30-4:30pm
Oct 6- 10:30-2pm

205 E Weinert St
Seguin, TX 78155

PHF
PROJECT HEROES FIRST

Winter Expo: Free
Veterans Event to
Receive Coats &
Blankets for Winter

If you are a
Veteran, please-->
scan QR Code

www.projectheroesfirst.org

Please bring your gently used, or new, cold-weather gear such as coats, sweaters, gloves, scarves, and socks. To the VOC to be distributed October 5th & 6th on the Old Oak Deck at the VOC.

Mark your calendars for future events

Give Back This Christmas to Project Stocking Stuffer!

Support Our Veterans in Nursing Homes
The Veterans Ministry visits veterans in nursing homes in Seguin and take them stockings.

This year we will be collecting the following items:

- Gently used or new Christmas stockings
- Personal size hygiene items
- Gloves
- Wool caps
- Socks
- Lotion
- Candy canes and treats

Drop Off Location
Veterans Outreach Center
205 E. Weinert St.
Seguin 830-303-8870

SPREAD JOY THIS HOLIDAY SEASON

Operation Stocking Stuffer, now until Dec19th
Wednesday, November 21st
Project Heroes First will host a Thanksgiving Potluck at the VOC. 6:00 pm – 9:00 pm.

PHF
PROJECT HEROES FIRST

**PRESENTS
A VETERAN**

Thanksgiving

**SEGUN VETERAN
OUTREACH CENTER**

Veterans Outreach Center

205 E. Weinert St., Seguin, Texas 78155

The seven organizations below are housed within the VOC on a weekly basis

VA BENEFITS, ADDITIONAL SERVICES, AND/OR REFERRALS:

Guadalupe County Veteran Services Office

Mon - Fri, 8am-5pm Provide assistance on all VA benefits as well as community resource referrals. We have 3 computers onsite with internet access, a printer, camaraderie events, a Purple Heart walking track, bbq grills, a kitchen and meeting room. We also have vans to help drive veterans to their VA doctor appointments, driven by volunteers- call ahead for assistance. For appointment call: 830-303-4188, ext. 1249, walk-ins are based on caseload.

Texas Veterans Commission (TVC)

Mon-Thu, 8am-4pm VA claims benefit advising, assist veterans, family members and survivors with services in obtaining benefits they may be eligible for in surrounding counties, including BDD claims, formal and informal hearings. For appointment call: 1-800-252-8387 or online www.tinyurl.com/SouthwestClaims

Disabled American Veterans (DAV)

Tue, Wed, Thur., 9am-1pm Their mission is to advise, instruct and counsel claimants and to provide assistance to homeless veterans. Their chapter service officers are certified annually to assist veterans in filing claims and other benefits for which they are entitled. For appointment call: 830-402-8103. Walk-ins are welcome.

ENDEAVORS

Tuesdays, 9am-5pm Endeavors' Veteran Supportive Services (VSS) rapidly re-houses and prevents homelessness among eligible Veterans and their families. Our programs offer one-on-one case management services, housing search assistance, and temporary assistance. For appointment call: 210-469-9664. Walk-ins are welcome.

MENTAL HEALTH OPTIONS:

The Ecumenical Center

Mondays and Thursdays, 10am-4pm Mental health counseling; faith based if desired for active military, veterans, and local first responders, including families, spouses, and dependents. Provide specialty counseling programs and offer a balance between physical, spiritual, and emotional aspects of healing. Virtual Option available. No fee, no referral is needed. For appointment call: 830-496-1143

Project Heroes First

Mon and Wed, 12pm-2pm

Provides tailored adaptive physical training, mental health recovery, nutrition assistance, and body mechanics mobility support. Mission includes empowering veterans to rebuild strength, resilience, and well-being through innovative programs designed to enhance physical and mental recovery. Call 716-844-9300

www.projectheroesfirst.org

The Vet Center

Wednesdays, 9am-4pm Mental health counseling for veterans who meet the criteria of veteran or active duty who have experienced trauma due to combat, direct medical care of military casualties, or MST. They discuss the tragedies of war, loss, grief, and transition after trauma. There is no cost for those who qualify. For appointment call: 210-650-0422

Access the VOC calendar on the Guadalupe County web page- Veteran Services or call (830)-303-4188 ext. 1249